

## LENTEN REGULATIONS

### Lenten regulations

1) The days of both fast and Abstinence are Ash Wednesday, 2 March, and Good Friday, April 15. If possible, the good Friday fast is continued until the Easter vigil to honour the suffering and death of the Lord and to prepare ourselves to share more fully in His Resurrection. The other Fridays of Lent are days of Abstinence.

On a day of Fast only one full meal is permitted and two smaller meals, which, if added together would not exceed the main meal in quantity. This applies to those aged from 18 to 59.

On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged to abstain.

2) The Obligation to observe the laws of abstinence and fasting is a serious obligation.

3) The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the abstinence from meat, some other practice of voluntary self-denial as penance.

4) the time for fulfilling the Paschal precept (Easter Duty) extends from the first Sunday of Lent, 6 March, 2022 until the Solemnity of the Holy Trinity, 12 June, 2022.

The code of Canon Law allows a Pastor to grant, in individual cases and for a just cause, a commutation of the obligations associated with the Lenten days of penance into pious works. The Code would also allow a pastor in those circumstances to dispense an individual from the specified obligations. Please contact Fr. Orlando about this and concerning eating meat on Fridays.

### The Following is an excerpt from Pope Francis' Angelus, 20 February, 2022

Let us come to another objection: it is possible for a person to come to love his or her enemies? If it depended only on us, it would be impossible. But let us recall that, when the Lord asks for something, he wishes to give it. The Lord never asks for something he has not already given us first. When he tells me to love my enemies, he wants to give me the capacity to do so. Without that ability, we would not be capable, but he tells you to "love your enemy" and gives you the capacity to love. Saint Augustine prayed in this way – listen to this beautiful prayer: Lord, "give what you command, and command what you will" (*Confessions*, X, 29.40), because you have already given it to me. What should we ask of him? What is God happy to give us? The strength to love, which is not a thing, but rather the Holy Spirit. The strength to love is the Holy Spirit, and with the Spirit of Jesus, we can respond to evil with good, we can love those who do us harm. This is what Christians do. How sad it is, when people and populations proud to be Christians see others as enemies and think to wage war against each other! It is very sad. And us, shall we try to live following Jesus' invitations? Think of someone who has wronged us. Each one of you, think of a person. It is common for us to be hurt by someone; think of that person. Perhaps we hold a grudge within. So, let us set alongside this resentment the image of Jesus, meek, during the trial, after the slap. And then let us ask the Holy Spirit to act in our heart. Finally, let us pray for that person: let us pray for those who have done us harm (see *Lk 6:28*). When people harm us, we immediately go and tell others and we feel we are victims. Let us stop, and pray to the Lord for that person, that he might help him or her, and so this feeling of resentment will be dispelled. Praying for those who have wronged us is the first step to transforming evil into good. Prayer. May the Virgin Mary help us be workers of peace towards everyone, especially those who are hostile to us and whom we do not like.

## Our Lady of Divine Providence ROMAN CATHOLIC CHURCH

Pastor: Rev. Luis Orlando González  
P. Vicar: Rev. Rafael Velázquez  
P. Vicar: Rev. Paul Passant

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## VIII SUNDAY OF ORDINARY TIME



### HOLY MASS

**Saturday:** 05:30pm English, Church.

**Sunday:** 09:00am English, Church.  
10:30am Creole, Church.  
12:30pm Spanish, Church.

**Weekdays:** 05:30pm English, Blue Chapel.

**Fridays:** 04:00pm Adoration of Blessed  
Sacrament and Rosary.  
05:30pm Blue Chapel.

### SCHEDULE OF SACRAMENTS

**Baptisms:** Contact one of the priests in person.

**Confessions:** Everyday before Mass or by appointment.

**Anointing of the Sick:** Upon request.

**Marriage:** Call the parish office for preparation before setting a fixed date.

**1st Communions:** 19 June, 2022.

**Confirmation:** TBA

The Gospel of today is a serious call to repentance for all of us. Every one is called to look at their own faults and only after that to look at the othes around us. It sounds easy but it is very difficult to face yourself. I do not want to admit that I am guilty of many sins. When I look at myself I get sad and depressed, you might think. But it is the opposite. After you take a firm healthy assessment of yourself and you go through the “wall” of your own ego, then you begin to judge less and even make excuses for others. Such as, “I have done the same thing or even worse”. Often this is unavoidably the case. I, personally, have caused many people to suffer due to my sins. The worst part is that I continue with them! However, there is the immense mercy of the Lord. If you have experienced this immense mercy then more easily can you have it on the other sinners around you. So, seeing yourself will actually make you happier and more merciful as you will see the Lord’s kindness to you and automatically you will have this same kindness to others. Often times you lack mercy onm people because you have failed to believe in the Lord’s mercy for you and you take it out on those around you. If you really are remorseful for your sins you will receive God’s mercy and grace. Finally, it does help to judge the others by their fruits. The other may be blessed with a miserable character and yet, can be a very generous and concerned person. May the Lord grant us the ‘eyes’ to see things clearly.

Fr. Paul

## CATECHESIS FOR ADULTS

### COME AND LISTEN

**“I am the resurrection. Anyone who believes in me will never die.”**

**Jn. 11:26**

**MONDAYS AND THURSDAYS  
7-8PM**

**Daily Mass (Blue) Chapel**

**All are invited 13 years and older**

**Free babysitting**

## HOLY HOUR TO END THE PANDEMIC



**All are invited to come and adore the Lord in the blessed sacrament at the new time of 4:00 pm –5:15pm on every Friday in the daily mass chapel. There will be adoration, rosary, spiritual reading and confessions. This can also be a good preparation for the daily mass at 5:30pm. The change comes so that those who could not stay after 6pm due to other reasons can now come earlier.**

## Parish Events Feb.27-Mar. 6

**Sunday: Holy Mass: 09:00am,10:30am,12:30pm**

04:00pm Coeur de Marie: Children’s group.

05:30pm Sacre Coeur de Jesus, P. Hall.

05:00pm Fraternitey, Red Room.

05:00pm Creole Youth Choir practice

05:00pm Choeur D’hommes 1st and 3rd Sunday at church.

**Monday:** 05:30pm D. Mass Chapel

07:00pm Catechesis Blue Chapel

**Tuesday** 05:30pm D. Mass, Chapel,

07:00pm 1st English. Church

07:00pm 4th English. B. Sacrament

07:00pm 1st Spanish. Blue Chapel

07:00pm 2nd Spanish. Red Room

**Wednesday:** 08:00AM Mass in Church  
**ASH WEDNESDAY** 12 Noon Liturgy of word with distribution of ashes, Church

05:30pm Mass Church

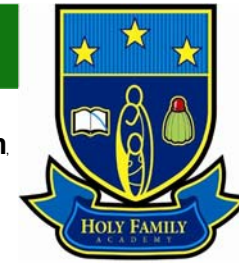
**Thursday:** 05:30pm D. Mass Chapel.  
06:00pm Creole Choir Practice Parish Hall.  
07:00pm Catechesis, Blue Chapel.

**Friday:** 04:00pm Adoration of the Blessed Sacrament & Benediction. Confessions  
05:30pm Daily Mass, Blue Chapel.  
06:00pm Stations of the Cross

**Saturday:** 05:30pm Mass, Church

**Liturgy of the Eucharist NCW**

07:00pm Church, Blue Chapel and Red Room.



## School Notes

Holy Family Academy

Tel: (+1649) 941-7875

### UPCOMING EVENTS

**Mar 1. Staff Development.—Early Dismissal**

**Mar. 2 Ash Wednesday Mass 8:00 a.m. at the church.**

**Mar. 7 - 11. Education Week 2022**

**Mar. 14. Commonwealth Day. School closed**

[www.hfa.catholic.tc](http://www.hfa.catholic.tc)

### SPONSORS / BENEFACTORS

We continue to look for donations and sponsors to support our **Scholarship Program** and help the school with necessary supplies. Any help God will reward you a hundred fold. If you would like and are able to help contact us at [holyfamilytc@gmail.com](mailto:holyfamilytc@gmail.com)

**You can also donate from the US in the following link:**

<https://www.rcan.org/mission-turks-and-caicos-islands>

#### Wish List

This is another way to help the missionary school or students who are in need, by donating any of the following:

- Abacus
- Jumping Ropes, Pingo Pong table
- Hand Sanitizer, alcohol and paper hand towels
- Cleaning Tools (mops, brooms, gloves.)
- Tonner Canon ImageRunner ADVANCE C5255