

## Lenten Regulations 2023

1) The days of both fast and Abstinence are Ash Wednesday, 22 February, and Good Friday, April 7. If possible, the good Friday fast is continued until the Easter vigil to honour the suffering and death of the Lord and to prepare ourselves to share more fully in His Resurrection. The other Fridays of Lent are days of Abstinence.

On a day of Fast only one full meal is permitted and two smaller meals, which, if added together would not exceed the main meal in quantity. This applies to those aged from 18 to 59.

On a day of Abstinence, no meat may be eaten. Those who have reached the age of 14 are obliged to abstain.

2) The Obligation to observe the laws of abstinence and fasting is a serious obligation.

3) The Fridays of the year, outside of Lent, are designated as days of penance, but each individual may substitute for the abstinence from meat, some other practice of voluntary self-denial as penance.

4) the time for fulfilling the Paschal precept (Easter Duty) extends from the first Sunday of Lent, 26 February 2023 until the Solemnity of the Holy Trinity, 4 June, 2023.

The code of Canon Law allows a Pastor to grant, in individual cases and for a just cause, a commutation of the obligations associated with the Lenten days of penance into pious works. The Code would also allow a pastor in those circumstances to dispense an individual from the specified obligations. Please contact Fr. Orlando about this and concerning eating meat on Fridays.

## Our Lady of Divine Providence ROMAN CATHOLIC CHURCH

**Pastor: Rev. Luis Orlando González**  
**P. Vicar: Rev. Rafael Velázquez**  
**P. Vicar: Rev. Paul Passant**

**1310 Leeward Highway, Providenciales.**  
**P.O. Box 1105, Turks & Caicos Islands.**  
**Phone: (+1649) 941-5136**



## SEVENTH SUNDAY IN ORDINARY TIME



### HOLY MASS

**Saturday: 05:30 pm English, Church.**

**Sunday: 09:00 am English, Church.**  
**10:30 am Creole, Church.**  
**12:30 pm Spanish, Church.**

**Weekdays: 05:30 pm English, B. Chapel.**

**Fridays: 04:00 pm Adoration of the Blessed Sacrament and Rosary.**

**05:30 pm Blue Chapel.**

### SCHEDULE OF SACRAMENTS

**Baptisms: Contact one of the priests in person.**

**Confessions: Everyday before Mass or by appointment.**

**Anointing of the Sick: Upon request.**

**Marriage: Call the parish office for preparation before setting a fixed date.**

**1st Communions: 11 June, 2023.**

In today's Gospel, Jesus says, forcefully, "Love your enemies and pray for those who persecute you." Is He kidding? How can one possibly love your enemy. Can the Ukrainians love Putin or the Russians? This text is crucial for everyone who wishes to be a faithful Christian. I personally know two fathers who have forgiven those who murdered one of their children. The question for you today is do you love your enemy or enemies? Is it possible? Yes, it is possible, with the grace of God. It can be a process for most people. The starting point is to recognize that the person is your enemy and that you just cannot love or forgive them. Many times it is someone very close to you. Then, do what Jesus says, which is to pray for them. Maybe you cannot even do that. If so, ask the Lord again for the grace to desire to desire to pray or to forgive. Offer every Mass for them. Little by little the 'barbed wire' wrapped around your heart will lift and you will experience the joy of forgiving your enemy. If you do not enter into the process, which can take years, then you will end up a bitter old person, who holds resentments, with a lot of other people as well. Through life there are many people who wound you but it is important to remember that the Father has forgiven you all your sins, that is, when you were His enemy! You have received forgiveness for all the sins of your life, even when you have been unjust or malicious to others. So, it is only right that you ask the Lord for help and pray for the salvation of your enemies as their salvation may depend on your prayers

Let us all ask the Lord for His grace to love our enemies. Fr. Paul



Catechesis for adults and youth

**Have you found what you are looking for in life?**

**Are you suffering?**

**Do you find it difficult to be happy?**

**COME AND LISTEN**

**Mondays and Thursdays  
7 – 8 PM.**

**Everyone 13 & older  
Free babysitting**



**The youth of our parish is looking forward to meet the Pope and have an encounter with Christ, this coming summer.**

**We invite you to visit our stands. Your contributions will go to the fund that will help them travel all together.**

**We have snacks, bake goods, refreshments, island souvenirs and some more!**

## Parish Events Feb. 19-26

**Sunday Holy Mass: 09:00 am, 10:30am, 12:30pm**

04:00 pm Coeur de Marie Children's group.  
05:00 pm Fraternite, Red Room.  
05:00 pm Creole Youth Choir practice.  
05:30 pm Sacre Coeur de Jesus, P. Hall.  
05:00 pm Choeur D'hommes 1st and 3rd Sunday at church.

**Monday**  
05:30 pm D. and Mass Chapel  
Catechesis SMG  
07:00pm AA Parish Hall.  
07:30pm

**Tuesday**  
05:30 pm D. Mass Chapel  
07:00pm 1st English, Parish hall  
07:00pm 1st Spanish, Blue Chapel  
07:00pm 2nd Spanish, Red Room

**Wednesday ASH WEDNESDAY**  
08:00am Mass in Church  
12 Noon Word service with ashes  
5:30 pm Mass in Church  
07:00pm 3rd English, SMG  
07:00pm 4th English, Blue Chapel  
07:00pm 1st Creole Red Room  
07:00pm 2nd Creole Bl. Sac. Chapel  
07:00pm 2nd English Parish Hall

**Thursday St. Polycarp**  
05:30 pm D. Mass Chapel  
07:00pm Catechesis SMG

**Friday**  
04:00pm Adoration  
5:30pm Daily Mass, Blue Chapel .  
07:00pm AA Parish Hall

**Saturday**  
05:30 pm Mass, Church  
07:00pm NCW Eucharist



## School Notes

**Holy Family Academy**  
Tel: (+1649) 941, 7875



.This week, Holy Family Academy was blessed to receive David and Beatrice Lopes, who are professional painters from the Catholic Church, to give an informative session about the importance and significance of Religious Art to our high school classes. Our students finished the class enlightened by all the information that was conveyed.

[www.hfa.catholic.tc](http://www.hfa.catholic.tc)

### SPONSORS / BENEFACTORS

We continue to look for donations and sponsors to support our **Scholarship Program** and help the school with necessary supplies. Any help God will reward you a hundred fold. If you would like and are able to help contact us at [holyfamilytci@gmail.com](mailto:holyfamilytci@gmail.com)

**You can also donate from the US in the following link:**

<https://www.rcan.org/mission-turks-and-caicos-islands>

### Wish List

This is another way to help the missionary school or students who are in need, by donating any of the following:

- Automatic hand dryers
- Microwave x 3
- Walkie-Talkie Radios
- Electric pencil sharpeners
- Sound / Speaker System
- Ping Pong table.
- Tonner Canon ImageRunner ADVANCE C5255